

(TMI Journeys - April 2018)

RESEARCH AND EDUCATION

by Nancy “Scooter” McMoneagle

Hello, Friends Everywhere!

There are wild and wonderful inquiries going on at TMI!

If you’ve read our latest blogs you know what I’m talking about. Paraphrasing our research coordinator, Dr. Ross Dunseath, “The challenge is on to show the world and ourselves that expanded consciousness is real and demonstrable.”

Bob Monroe would have loved to have introduced this level of investigation himself. The cultural climate just wasn’t ripe back then. And besides, he was busy trying to convince mainstream science that Hemi-Sync® influences brainwaves predictably and that the predicted effects can be corroborated.

Bob never saw the “magic bullet” peer-reviewed research he had hoped would appear on the scene and change everything. What he did see, and what we are still seeing, is a groundswell of acceptance of Hemi-Sync as an experientially proven tool, effective across a wide range of clinical and educational fields, as well as the esoteric arena.

Meanwhile, our Spatial Angle Modulation™ (SAM) audio technology is jumping through similar hoops to those that challenged Hemi-Sync during its early years. SAM is undergoing continued cycles of evaluation, development, and application. Each spiral of improvement refines it further as a powerful and viable consciousness expansion technology.

The Monroe Institute was formed in the 70s as a “research and educational organization” dedicated to exploring the uses and understanding of human consciousness. That remains an accurate description of TMI today. What has changed, what has evolved, are our concepts of “research” and of “education.” And lately, we’ve combined the two in our recently launched programs, *Discovery*, and *Journeys: Voyage to Happiness*.

These new hybrid courses record brain activity even as the mind-consciousness is boosted into realms of awareness above and beyond normal waking consciousness. For example, the *Discovery* program focuses on verifying and validating altered-state perceptions.

A great advantage to participants is that the researchers are on site and provide feedback to everyone individually. In *Discovery* and *Journeys: Voyage to Happiness* you actually get to see readouts of the physiological changes during your

episodes of heightened awareness.

For instance, during the *Discovery* program:

- employing the transformative technology of the Mind Mirror 6 EEG system, you learn about your mind-body correlations and see your physiological measurements
- you identify designated targets by means of out-of-body, remote viewing, and lucid dreaming exercises while being monitored by the Mind Mirror EEG
- Mind Mirror results are debriefed and discussed individually with participants by a qualified expert. You review the changes in your brainwave activity together to understand just what those changes mean.

I know from personal experience, as one of Bob's young and early research subjects, just how fun and intriguing—and ultimately life-changing—it can be to participate in the development of a mind-consciousness technology. I was 15 years old when Bob had me listen to reel-to-reel tapes during sleep. He was exploring the efficacy of sleep learning at that time. I guess you could say I was one of his early lab rats!

Fast forward to now ... Western science is focused intently on the question of the source of consciousness. Is it a function of the brain, or is the brain simply a mediator, even a product, of consciousness beyond the body? TMI's hybrid programs are a huge opportunity to participate intimately in that question while benefitting personally from powerful consciousness enhancing training.

I am thrilled and gratified that this time has come—that this opportunity is available—that together we get to drive the boundaries of “reality” to a new limit. You are enthusiastically welcome to join in the fun!

To your burning curiosity,



Nancy H. McMoneagle
President & Executive Director



Note: Hemi-Sync® is a registered trademark of Interstate Industries Inc., dba Hemi-Sync®.

